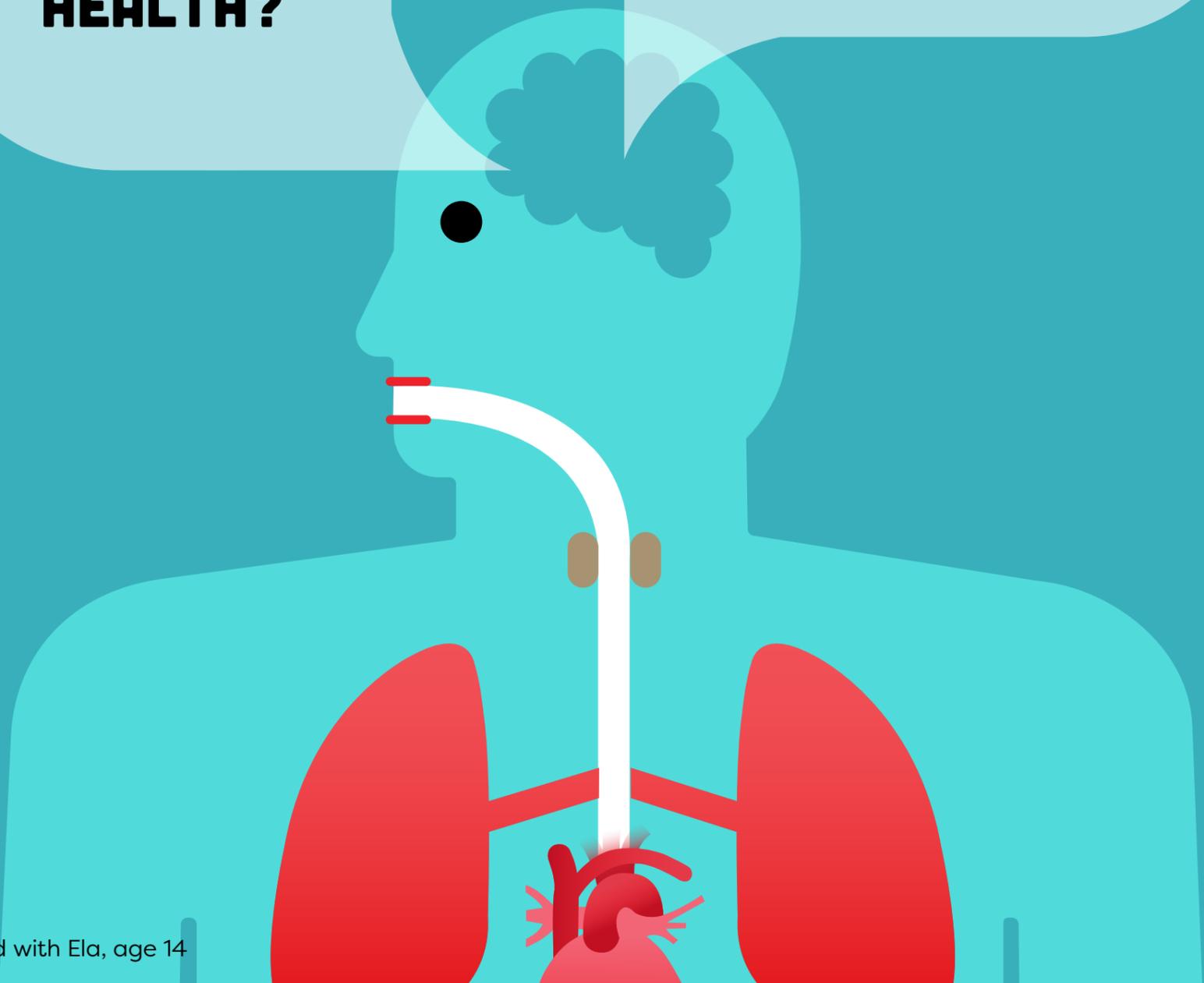


**DO YOU
CARE ABOUT
YOUR
MENTAL
HEALTH?**

**VAPING IS
LINKED TO STRESS
AND ANXIETY.**



Designed with Ela, age 14

VAPING:

PATH TO

ADDICTION

Is it really worth it?

Vaping is connected to poorer mental health. When you vape regularly, you develop a craving that can only be relieved by vaping. This creates a vicious cycle, leading to more stress and anxiety.



Scan the QR code to learn more and take our survey.

