

TERM 3 2024 PROGRAMS AND EVENTS

# EYNESBURY

# DISCOVERY CENTRE

479 EYNESBURY ROAD, EYNESBURY, 3338



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**TERM 3 2024**  
**EYNESBURY DISCOVERY CENTRE**

**TUESDAYS**  
**20, 27 AUG**  
**3, 10 & 17 SEP**

**TAI CHI**

**TIME: 10am - 11am**

**COST: \$5 per session**

Tai Chi involves slow, controlled movements to improve flexibility, muscle strength, balance and fitness. It's ideal for older people and those with arthritis.

**TUESDAYS**  
**16, 23, 30 JUL**  
**13 AUG**

**BEGINNER HAND BUILDING POTTERY**

**TIME: 6pm - 8pm**

**COST: \$60 per session (4 weeks)**

You will learn a variety of building techniques including the pinch pot, slab building and coil techniques to craft your own bowl, platter and mug before ending the program by decorating your creations ready for firing.

**WEDNESDAYS**  
**24 JUL - 11 SEP**

**KIDS MASTER CHEF**

**TIME: 4pm - 6pm**

**COST: \$7 per session (8 weeks)**

Children will be guided by our professional Chef at the Eynesbury Primary school to design a menu, gather ingredients, and learn to create a variety of healthy, delicious meals.

**THURSDAYS**  
**18 JUL - 5 SEP**

**ART 4 KIDS**

**TIME: 4pm - 5.30pm**

**COST: \$11 per session (8 weeks)**

Children will learn an assortment of techniques and use a variety of materials including charcoal, pencil, oil pastels, watercolours, acrylics and more to create their own masterpieces.

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**THURSDAYS**  
**25 JUL - 12 SEP**

**VINYASA YOGA**

**TIME: 6.15pm - 7.15pm**

**COST: \$10 per session (8 weeks)**

Vinyasa Yoga improves mental focus, strength, flexibility and mobility, whilst helping to develop healthy breathing and posture habits. Delivered by an experienced and passionate instructor.

**THURSDAYS**  
**25 JUL - 12 SEP**

**SLOW YOGA**

**TIME: 7.20pm - 8.20pm**

**COST: \$10 per session (8 weeks)**

Vinyasa Yoga improves mental focus, strength, flexibility and mobility, whilst helping to develop healthy breathing and posture habits. Delivered by an experienced and passionate instructor.

**MONDAYS**  
**15 JUL - 16 SEP**

**SOCIAL SEWING & QUILTING**

**TIME: 12.30pm - 3.30pm**

**COST: FREE**

Join our friendly group of sewers, dress makers and quilters who get together to have fun, learn and share their knowledge.



## ENROLMENTS

Enrolments for all programs are now online at our website (unless specified).

## REFUNDS

Please refer to the refund policy on our website.

## ROOM HIRE

For information on available rooms to hire at this centre, visit the 'Venues for Hire' page on Council's main website.

## CONTACT US

For more information about this centre or any of the programs on offer, contact us via phone or email or visit us during business hours.

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